SPECIAL DAYS THIS WEEK:

<u>AUGUST 1 - MEMORIAL OF SAINT ALPHONSUS LIGUORI, BISHOP, DOCTOR</u>: Alphonsus Liguori (1696-1787) was born in Naples and demonstrated intellectual ability at an early age. He first became a doctor of civil law at age 17, but in 1726 he was ordained. He founded an order of mission priests which became the Redemptorists and was known for his great kindness and concern for others. In 1762 he became a Bishop. He was canonized in 1839 and was named a Doctor of the Church in 1871. He is the patron of moral theologians and confessors.

<u>August 2 - Memorial of Saint Eusebius of Vercelli, Bishop:</u> Born in Sardinia in the year 283, Eusebius became the first bishop in Vercelli, Italy. Along with St. Athanasius, he affirmed the divinity of Christ against the Arian heresy which denied it. As a result of his defence of Christ's divinity, Eusebius was banished to Palestine. However, in 361 he was able to return to his diocese in Vercelli where he died in 371.

<u>August 2 - Memorial of Saint Peter Julian Eymard, Priest:</u> Born in France, Julian (1811-1868) desired to become a Priest but at first had to study secretly because his father refused to allow him to enter the Priesthood. When he was 18, however, his father granted permission and Julian was ordained in 1834. He established the Congregation of the Blessed Sacrament, a group of men dedicated to adoration of the Blessed Sacrament. Julian is considered a pioneer in the rediscovery of the importance of the 'bread of life' and in his call to involve the laity more actively in the Church. He was canonized in 1962.

<u>AUGUST 4 - MEMORIAL OF SAINT JOHN MARY VIANNEY, PRIEST</u>: John, ordained in 1815, is known by a more familiar title, Curé d'Ars. He became the parish priest of a French village where most of the people were not interested in religion or God. His devotion to prayer and fasting obtained unimaginable results and he became renowned as a confessor, hearing confessions for 12 to 16 hours a day. He died in 1859, was canonized in 1925, and is a patron of parish priests.

<u>August 5 - Memorial of Blessed Frédéric Janssoone, Priest:</u> Ordained in 1870, Frédéric was sent to the Holy Land in 1876. He encouraged pilgrimages to the Holy Land, reinstated the Stations of the Cross through the streets of Jerusalem, built a Church in Bethlehem, and negotiated an accord among the Roman, Greek, and Armenian Christians concerning the use and maintenance of the sanctuaries of Bethlehem and of the Holy Sepulchre. In 1888, Frédéric moved to Canada and set about helping organizers develop the Sanctuary of Our Lady of the Rosary ((Notre-dame-du-Cap) at Cap-de-la-Madeleine near Trois-Rivières. He died in 1916 and was beatified in 1988 by Pope John Paul II.

<u>August 5 - Memorial of the Dedication of the Basilica of Saint Mary Major</u>: This basilica, built in the 4th century under Pope Liberius, was first called the Liberian Basilica. However, after the Council of Ephesus (431) proclaimed Mary the Mother of God, the Church was repaired and reconsecrated about the year 435 as the Basilica of the Virgin Mary. It is called Saint Mary Major (Great Saint Mary's) because it is older and larger than other Roman Churches also dedicated to Our Lady.

L'Arche Communities: Recently, the leadership team of L'Arche Cape Breton contacted me with the hope to reach out to young adults who would be interested in joining the L'Arche community in Cape Breton. L'Arche Cape Breton is an ecumenical, Christian community. At the heart of their community are people with developmental disabilities and those who choose to share life with them. This is not necessarily a lifetime commitment, but some young people may be interested in joining for a month, a term, a year. Please google L'Arche communities and if you are interested please contact Father Brian Colbert at ocybrian@gmail.com or text 709-427-6075.



ST. IGNATIUS PARISH



Pastor: Reverend Edward Brophy, Secretary: Regina Gould

 P. O. Box 38, St. Alban's, NL
 A0H 2E0

 Parish Office and House Phone 538-3106 Priest 538-3196
 Email: st.ignatius@nf.sympatico.ca
 Website: www.st.ignatiusparish.net
 Office hours: Mon – Fri 9:15 am to 12:15 pm, 1:15 to 4:15 pm

17[™] SUNDAY IN ORDINARY TIME

Today we hear three more 'Kingdom Parables'. The Parable of the Hidden Treasure and The Parable of the Pearl of Great Price essentially have the same message. Both emphasize the incomparable value of the Kingdom and the realization of this by those who discover it. To anyone who treasures one's faith and has found the joy of letting God's word and God's way be the measure of one's life, acquiring the Kingdom of God is worth any effort. The Parable of the Dragnet helps us to realize that it is not for us to make final judgment of the good and the bad – about who will or will not enter the Kingdom of Heaven; that belongs to the Lord. Meanwhile, the Church - through which the Kingdom of Heaven is 'present in mystery' – consists of all kinds of people. Following the example of the Lord Jesus, who reached out to sinners, the Church likewise reaches out to everyone in an effort to help all people attain the Kingdom.

LITURGICAL SCHEDULE

Weekday Mass Schedule: July 31^{st-} August 4th

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10:00 a.m	Parish Chapel	Eugene Walsh, Dr. John Callahan
		No Mass
7:00 p.m		Cemetery Mass for all the faithful departed
10:00 a.m	Parish Chapel	Special Intention for Brian Organ
10:00 a.m	Parish Chapel	Special Intention for Pam Parsons & Family;
		Gordon LeRoux
	7:00 p.m 10:00 a.m	10:00 a.m Parish Chapel

Weekend Liturgy:Saturday, August 5th and Sunday, August 6th

St. Alban's Sat 7:00 p.m	St. Ignatius Church Jaydon Strickland
St. Alban's Sun 10:30 a.m	St. Ignatius Church Parish Family
Conne River Sun 2:00 p.m	St. Anne's Church Martin Hoskins

Rosary: Knights will be having their 5th. Sunday Rosary, **this Sunday evening July 30**th starting 6:30p.m. at St. Ignatius Church. Everyone is invited to attend

JULY 31 - MEMORIAL OF SAINT IGNATIUS OF LOYOLA, PRIEST: Ignatius Loyola was born in 1491 and at the age of 30, during a long convalescent period, he read about the life of Christ as well as the lives of many saints, and found himself inflamed with the desire to serve Jesus. He earned a master's degree from the University of Paris and eventually gathered together a group of students, including Francis Xavier, with whom he shared his eagerness for wholehearted service of Jesus. They formed the Society of Jesus (the Jesuits) and, while his companions were sent on missions, Ignatius spent the rest of his life directing the rapidly growing order, writing its constitutions, and refining the Spiritual Exercises which resulted from his mystical experiences and illuminations experienced during life. He died in 1556, was canonized in 1622, and is a universal patron of retreats and soldiers.

Grace before meals: *"Bless us, O Lord, and these your gifts which we are about to receive from your goodness. Through Christ our Lord. Amen.*

Prayer for Health

O Sacred Heart of Jesus, I come to ask you for the gift of restored health, that I may serve you more faithfully and love you more sincerely than in the past. I want to be well and strong if it is your will and rebound to your glory. If, in your divine wisdom I am to be restored to health and strength, I will strive to show my gratitude by a constant and faithful service rendered to you.

Bus Lane: During the school week, from Monday to Fridays, people are asked not to drive along in front of the school. In other words, that lane is reserved for buses and for students and teachers to walk safely to and from the school. All cars are asked to use ONLY the main church parking lot for vehicular traffic.

Baptism Registration Form: This form can now be downloaded from the parish website at <u>www.stignatius.net</u> Just click on SACRAMENTS and select BAPTISM. You can also call – 538-3106 or email <u>st.ignatius@nf.sympatico.ca</u> the parish office to have a registration form emailed to you. **Please contact the parish office during the months of pregnancy (if possible) to arrange for Baptism Preparation.** Baptisms are celebrated upon request after Baptism Preparation has been completed.

Weddings: Please allow at least 6 months notice before the date of the wedding. A Marriage Preparation Course is a requirement. Please contact the parish office for more information.

STIPENDS: (as recommended by the Diocese)FUNERAL: \$200.00WEDDING: \$200.00

BAPTISMS:\$25.00

Consecration of Canada to the Immaculate Heart of the Blessed Virgin Mary

On the occasion of the 150th Anniversary of Confederation, the Catholic Bishops of Canada have been invited to consecrate Canada to the Immaculate Heart of the Blessed Virgin Mary. Each Bishop is invited to consecrate his individual diocese or eparchy on 1 July, 2017, or at another date thereabouts that might better suit the local pastoral situation. Similarly Bishop Daniels has chosen to invite pastors to consecrate their specific parish/parishes and mission(s) as part of the celebrations marking the anniversary of Confederation. Given the challenges we face today for a new evangelization, the Act of Consecration is an important opportunity for the Church's mission in Canada.

Later this year, during the CCCB Plenary Assembly in September 2017, all the Bishops of Canada will be invited to participate jointly in the consecration of the country to the Blessed Mother at a celebration of the Holy Eucharist.

Prayer for the Consecration of Canada to the Immaculate Heart of the Blessed Virgin Mary on 1 July 2017

Blessed Virgin Mary, Mother of God and Mother of the Church, when the first Christian believers came to these shores, they planted a Cross made of the fresh timber of the New World as a sign of their faith in your Son and the power of his Resurrection, placing their lives under your maternal protection and venerating you as the Immaculate Conception. You show us how to live a life free from sin in Christ Jesus and, by our baptism, we hope to share fully with you in the freedom of the glory of the children of God. You have accompanied us on our path through history, in times of peace, conflict, and reconciliation, and as we arrived at a greater sense of unity and nationhood. With full confidence we come before you today giving thanks to God on the 150th anniversary of the Canadian Confederation. Gathered in the communion of the Father, Son, and Holy Spirit, we place ourselves completely in the sanctuary of your Heart and commit the past, the present and the future of Canada to your maternal care. For this reason, I, N., Arch/Bishop/Metropolitan/Eparch of N., commend to your Immaculate Heart the portion of the People of God entrusted to me. Together with the other Archbishops, Metropolitans Bishops and Eparches of Canada, I also consecrate the people of our country to your maternal Heart which teaches us to trust in God's loving plan. Immaculate Mother of God, we find ourselves at a crossroads in our history; we are grateful for advances in science and new discoveries, yet we know the human heart is tempted by selfish interests and false ideas about the human person and freedom. Help us, as Catholics, to live in peace with all people of good will and to dialogue with respect and friendship. Loving Mother of Our Lord, help us to uphole religious freedom in Canada, and the natural rights of parents and families;

> inspire us to protect the unborn, to help the poor, the marginalized, and to give support to the infirm and elderly. Weighed down at times by our concerns, but hopeful for the future, we turn to you, the new Eve, Mother of all the living, for help and for strength. Your Son is the beginning of God's New Creation and you are his Masterpiece: intercede for our Churches, for all our people, especially the Indigenous Peoples, the first stewards of this land of Canada, and all who come here to live, take refuge, or visit.

May the Cross of your Son, planted on Canadian soil and in Canadian hearts, be known as the Tree of Life, whose fruit is visible and available to all in the garden of this world. Mary our Mother, we place our country Canada in the sanctuary of your Holy Heart for we know that there we will find Jesus, who lives and reigns with the Father in the unity of the Holy Spirit, one God, forever and ever. *Amen.*

The Bread of Heaven: On the night he was baptized, the Lord Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples and said: "Take, Eat. This is my Body." He took the cup, gave thanks and said: "Take. Drink. This is my Blood." Since Christ himself has declared the bread to be his body, who can have any further doubt? Since he himself has said quite categorically, "This is my blood, who would dare to question it and say that it is not his blood?"

Therefore, it is with complete assurance that we receive the bread and wine as the body and blood of Christ. His body is given to us under the symbol of bread, and his blood is given to us under the symbol of wine, in order to make us one with him. Do not, then, regard the Eucharistic elements as ordinary bread and wine. They are, in fact, the body and blood of the Lord, as he himself declared. Whatever your senses may tell you, be strong in faith. *From: Jerusalem Catcheses*

A PRAYER TO THE HOLY SPIRIT

I am going to show you the secret of sanctity and happiness. Every day, for five minutes, close your eyes to the things of this world, and close your ears to the noises around you. Then, in sanctuary of your baptized spirit, say to him:

> "O Holy Spirit, Beloved of my Soul, I adore you. Enlighten me. Guide me. Console me. Give me Your orders. Tell me what i must do. I promise To submit myself to all that you desire of me. I accept whatever you permit to happen to me. Let me only know your will. "

If you do this, your life will flow along serenely, happily, joyfully. You will be given all the graces necessary, and you will arrive at the Gates of Heaven filled with merit. Cardinal Mercier

PRAYER TO ST. ANNE

Remember, O glorious and Good Saint Anne, that never was it known that anyone who fled to thy protection, implored thy help and sought thy intersession, was left unaided. Inspired by this confidence, behold, I cast myself at thy feet, nd beseech thee, by thy great prerogative of being the Mother of the Queen of Heaven and the Grandmother of Jesus, come to my aid with thy powerful intercession, and obtain from Almighty God through the ever Blessed Virgin May, this special favor which I beg of thee......Cease not to intercede for me until, through Divine Mercy, my request may be granted. Above all, obtain for me the grace one day to behold my God face to face and with thee and Mary and all the Saints praise and bless Him through all eternity. Amen.

A CANDLE

A candle is but a simple thing, It starts with just a bit of string. Yet dipped and dipped with a patient hand, It gathers wax upon it's strand, Until it's complete in colors and white At last it gives a Lovely Light.

Life is so like that bit of string, Each deed we do a simple thing, Yet day by day if on life's strand We work with patient heart and hand It gathers joy and makes dark times bright, Giving at last a Lovely Light.

A Prayer Against Disease

Lord, Your scripture says that you heal all diseases and whoever believes in You will not perish but have an everlasting life.

Strengthen me, Lord, in this time of illness. Sustain him as he lays sick in his bed. When You were on Earth, you did all things good and healed all kinds of sickness.

You healed those who had diseases. You died and rose for our sins and that we may have eternal life, Lord. I believe in my heart that You are here with us today and that with Your most holy power will remove all sicknesses and evils that roam the earth. Let it be done in Your glory, Lord.

We praise and glorify Your name, Amen.

This is a prayer for those who would like to say the Angelus:

Prayer: The Angel of the Lord appeared unto Mary **Response:** And she conceived of the Holy Spirit **Recite the Hail Mary** Prayer: Behold the handmaid of the Lord **Response:** Be it done unto me according to your word **Recite the Hail Mary** *Praver:* And the Word was made flesh *Response:* And dwelt among us **Recite the Hail Marv** Prayer: Pray for us, O Holy Mother of God Response: That we may be made worthy of the promises of Christ Let us Pray Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the incarnation of your Son was made known through the message of an angel, may, by His passion and cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

Philomena Chafe Memorial Pilgrimage for 2017, with visits to Ste. Anne de Beaupre, Cape de la Madeleine, Father Frederick's Tomb and St. Joseph's Oratory. St. John's to and from Montreal via Air Canada, August 3rd - 10th, 2017. Interested parties please write to: Philomena Chafe Memorial Pilgrimage P.O. Box 864, Sta. C St. John's, NL A1C 5L7

Or Phone Frank Chafe (709) 579-7924 or Maureen Wyatt (709) 579-6130

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STIPENDS: (as recommended by the Diocese)

is a requirement. Please contact the parish office for more information.

FUNERAL: \$200.00

WEDDING: \$200.00

BAPTISMS:\$25.00

Praise be to you! Son of God, Jesus, through you all things were made. You were formed in the womb of Mary our Mother, you became part of the earth, and you gazed upon this world with human eyes. Today you are alive in every creature in your risen glory. Praise be to you! Holy Spirit, by your light you guide the world towards the Father's love and accompany creation as it groans in travail. You also dwell in our hearts and you inspire us to do what is good. Praise be to you! Triune Lord, wondrous community of infinite love, teach us to contemplate you in the beauty of the universe, for all things speak of you. Awaken our praise and thankfulness for every being that you have made. Give us the grace to feel profoundly joined to everything that is. God of love, show us our place in this world as channels of your love for all the creatures of this earth, for not one of them is forgotten in your sight. Enlighten those of us who possess power and money that we may avoid the sin of indifference, that we may love the common good, advance the weak, and care for the world in which we live. The poor and the earth are crying out. O Lord, seize us with your power and light, help us to protect all life, to prepare for a better future, for the coming of your Kingdom of justice, peace, love and beauty. Praise be to you! Amen. Praver Proposed by Pope Francis at the end of his Encyclical, Laudato Si' - On Care For Our Common Home

Baptism Registration: Please call the Parish Office (538-3106) to register.

Reading the Word at Funeral Masses: At every Mass, the Word of God should be read with the greatest clarity and reverence and dignity. At every Mass, the Word of God should be proclaimed well. At Funeral Masses, the family and the people attending are most attentive to the Word to find comfort and peace at a very difficult time in their lives. I will speak to both funeral directors in our parish, and a list of readers will be provided so that the family of the deceased can choose readers who have had experience and training in reading of the Word of God. This way, the family do not have to choose family members to read the Word of God.

A Christian's Prayer In Union With Creation Father, we praise you with all your creatures. They came forth from your all-powerful hand; they are yours, filled with your presence and your tender love. A prayer to the Holy Family: This is a beautiful prayer to the Holy Family, and we could say this prayer, asking God to bless and help our own family.

Jesus, Mary and Joseph, In you we contemplate The splendour of true love Holy Family of Nazareth, Make us more mindful of the sacredness of the family

MINISTRIES' SCHEDULE FOR WEEKEND MASSES

Holy Family of Nazareth, Grant that our families too Will have places of prayer and peace Jesus Mary and Joseph Please hear our prayer Amen

Holy Family of Nazareth, May our families never again Experience violence and division May all who have been hurt Find ready comfort and healing

ST. IGNATIUS PARISH ANNOUNCEMENTS AND UPCOMING EVENTS

DATE	Sacristans	Readers	Collectors	Communion	Altar	Music
				Minister	Servers	
July 29	Mary Organ	Helena Thornhill	Finton Organ Pat Pittman Willie MacDonald	Juanita Organ	Brenda J. Maggie	Julie Ann Chrissy
July 30	Jenny Maggie	Joanne Farrell	Helena Thornhill Necia Dollimont Mary Organ	Mary Organ	Anthony Kevin	Jessica Willcott Valerie Coombs
August 5	Jenny Maggie	Gerry Cox	Iris Greenham Nellie Collier Charlie Mayo	Christine Howse	Jenny Mary W.	Julie Ann Chrissy Tracey
August 6	Mary Organ	Perry Cox	George Davis Clarence Davis Mike Snook	Valerie Hoskins	Jean G. Mary S.	Lenora Lambert

Weekly Parish Revenue

St. Ignatius Church – offertory	\$1145.00
St. Anne's Church – offertory	\$227.00
Mass Stipend :	\$5.00

St. Anne's Church – offertory ----- \$177.00 Marriage Stipend-----\$200.00

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Website Update

The St. Ignatius Parish website is up and running and updates are done on a regular basis. The bulletin is posted there each week. Please help share the word, especially to friends and family who are living away. You can visit the website at www.st.ignatiusparish.net

<u>My Thanks</u>: Once again I wish to thank all those who gave me cards and gifts for my fiftieth anniversary .The beautiful thoughts which people expressed could move a person to tears. I wish to thank everyone for their great love and support. I thank God, too, that I have lived such a full life, and that I am still able to celebrate with the people of God. 'I will go in to the altar of God, to God who gives joy to my youth'

JULY 31 - MEMORIAL OF SAINT IGNATIUS OF LOYOLA, PRIEST: Ignatius Loyola was born in 1491 and at the age of 30, during a long convalescent period, he read about the life of Christ as well as the lives of many saints, and found himself inflamed with the desire to serve Jesus. He earned a master's degree from the University of Paris and eventually gathered together a group of students, including Francis Xavier, with whom he shared his eagerness for wholehearted service of Jesus. They formed the Society of Jesus (the Jesuits) and, while his companions were sent on missions, Ignatius spent the rest of his life directing the rapidly growing order, writing its constitutions, and refining the Spiritual Exercises which resulted from his mystical experiences and illuminations experienced during life. He died in 1556, was canonized in 1622, and is a universal patron of retreats and soldiers.

FAMILY FUN DAY

St. Ignatius Parish and Knights of Columbus will be holding their Annual Family Fun Day on Sunday August 20th. The event will be taking place on the parish residence lawn from 3: 00 p.m. - 5:00 p.m. There will be barbecue hotdogs, drinks, music, ice cream, candy kabobs, Carnival Funny Photo, Royal Dunk Tank, (bring along a towel to dry yourself) and face painting. All games, food and beverages are free!!! There will be prizes for the children!!!Feel free to bring a lawn chair or a blanket. FREE ADMISSION. Everyone welcome ! ! If it rains the event will take place the following Sunday, August 27th.

Kind Support of Knights of Columbus: For Father Brophy's 50th Anniversary, the Knights of Columbus donated \$500.00 to the Gathering Place in St. John's. This generous gift was much appreciated by the Gathering Place.

"We are grateful for your generous commitment to the Gathering Place. Your donation in the amount of \$500.00 will help a great deal as we strive to help meet the needs of society's most vulnerable persons. Many people will benefit from your participation in the work of The Gathering place. On average, over 250 people come to share in a meal each day."

<u>Mass in the Cemetery</u>: Each year during the summer, we try to have a Mass in the cemetery. The cemetery is a holy place where many of our loved ones have been laid to rest as they await the resurrection of the body. On Wednesday night, if the weather is pleasant, we will have our cemetery Mass. If there is poor weather on Wednesday, we will gather on Thursday night. The Mas

s will begin at 7 p.m. I would ask that you visit the graves of your deceased loved ones before the Mass, and try to make the gravesite as beautiful as possible for the Mass. **Eternal rest grant unto them O Lord**.

Sunday Smile

My parents married 45 years and raised a brood of 11 children. Now they enjoy 22 grandchildren. When asked the secret for staying together all that time, my mother replies, "Many years ago we made a promise to each other: The first one to pack up and leave has to take all of the kids."

STIPENDS: (as recommended by the Diocese)FUNERAL: \$200.00WEDDING: \$200.00BAPTISMS: \$25.00

The Shrine of Saint Anne de Beaupre: Possibly the most important shrine in Canada is the Shrine of Saint Anne de Beaupre. In 1658, a labourer, Louis Guimont was suffering from terrible back pain. He came to help with the construction of the first chapel dedicated to Saint Anne. He was immediately and miraculously healed. Some years later in 1665, an Ursuline nun wrote "There is a village here called the 'The Little Cape', where there is a Church dedicated to Saint Anne. Here, Our Lord is working great marvels in favour of the holy mother of the Blessed Virgin Mary. Here, the paralyzed walk, the blind car see, the sick are healed from every kind of illness." Even today, Saint Anne de Beaupre is a place of grace and miracles. Each year, up to one million pilgrims and visitors go there to ask the help of Good Saint Anne.

Sunday Smile



<u>Congratulations</u>: The worshipping community of St. Ignatius Parish wishes good luck and God's rich blessings for Kelly and Abraham Hinks on the occasion of their recent marriage.

Baptismal Congratulations: We welcome into the parish community, *Logan Jerome Power* who will be baptized at St. Ignatius Church on Sunday. We wish Logan and his family all God's blessings.

PRAYER TO ST. ANNE

Good St. Anne, you were especially favored by <u>God</u> to be the mother of the most holy Virgin Mary, the Mother of our Savior. By your power with your most pure daughter and with her divine Son, kindly obtain for us the <u>grace</u> and the favor we now seek. Please secure for us also forgiveness of our past sins, the <u>strength</u> to perform faithfully our daily duties and the help we need to persevere in the love of <u>Jesus</u> and Mary. Amen. *Cremation in the Catholic Church:* Many people are inquiring about cremation in the Church, and some people are choosing to have their body cremated after death. The first thing all must know is that cremation is permitted in the Catholic Church. Some large cities are finding difficulty in obtaining large pieces of ground for new cemeteries and cremation may be a partial solution to this problem. Also, some people die far from home, and the cost of sending home the body in a casket is very expensive compared to sending an urn with a loved ones ashes. Cremation should take place after the funeral Mass. The ashes of the deceased person should be reverently buried or entombed in a place reserved for the burial of the dead. As in life, the body is the temple of the Holy Spirit, so in death the ashes of the deceased person should be buried in a holy place where we await the resurrection to new life.

The Five Finger Prayer: You may find this prayer helpful. And it is always close to you. All of us could make this five finger prayer a part of our lives.

Your thumb

is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a 'sweet duty.'

The <u>next finger</u>

is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.

The Fourth Finger

is our ring finger. Surprising to many is the fact that this is our weakest finger, as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble Or in pain. They need your prayers day and night. You cannot pray too much for them.

And lastly comes our little finger

the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says "The least shall be the greatest among you." Your pinkie should remind You to pray for yourself. By the time you have prayed for the other four groups, your own needs will put into proper perspective and you will be able to pray for yourself more effectively.

The <u>next finger</u>

is the tallest finger. It reminds us of our leaders. Pray for the president, leaders in business and industry, and administrators.. These people shape our nation and guide public opinion. They need God's guidance.

The Five Finger Prayer: You may find this prayer helpful. And it is always close to you. All of us could make this five finger prayer a part of our lives.

1. Your thumb

is nearest you. So begin your prayers by praying for those closest to you. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a 'sweet duty.'

2. The <u>next finger</u>

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5. And lastly comes our <u>little finger</u>

- the smallest finger of all which is where we should place ourselves in relation to God and others. As the Bible says, 'The least shall be the greatest among you.' Your pinkie should remind you to pray for yourself. By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

The Holy Eucharist, pledge of Eternal Life: The slip of a vine planted in the earth bears fruit at the proper time. The grain of wheat falls into the ground only to be raised up again and multiplied by the Spirit of God who governs all things. The Wisdom of God places all these things at our service. When they receive God's word, they become the Eucharist, which is the Body and Blood of Christ. In the same way, our bodies, which have been nourished by the Eucharist, will be buried in the earth. But they will rise again at the appointed time, for the Word of God will raise them up to share forever in the glory of heaven. Saint Irenaeus.

Collection for the Food Bank: Each year on a couple of occasions, we try to have a collection for the Food Bank. We will receive your gifts of food at the weekend Masses on Father's Day, both in St. Alban's and in St. Anne's Church in Conne River, we will receive your gifts of food. At the Mass, after the gifts of bread and wine and the collection have been brought forward, I will ask the people to come forward with their donations of food. Our gifts are always so very welcome at the Food Bank, and the people who rely on these gifts must still eat even during the summer months. I wish to thank the people of the parish who so willingly and generously support those who may be struggling to make ends meet. God Bless You.

The family whom the diocese sponsored into Canada have settled nicely into their new home land. Although continuing to miss their families they are adjusting well. They are here now almost 9 months; they both have jobs and their daughter is in daycare. The jobs they have are in the service industry, while they learn English in preparation for upgrading their skills as microbiologists which they were in Iraq. They are preparing now for Ramadan, the holy month of the Muslim year. During Ramadan, the adults cannot eat or drink during daylight hours, they must read the holy Koran more often and spend more time in prayer. The intent of Ramadan is similar to Lent in the Christian calendar. Please pray for them as they will for you. Ramadan lasts from May 26 until June 26. Fr. Brian Colbert

Flower Saddle Arrangements for Headstones

In recent years many family members have adorned headstones of loved ones with flower saddles. These saddles can be very expensive but unfortunately, due to strong winds in the area, many of these saddles get blown off the headstones. It has almost been impossible for cemetery workers/volunteers to place them back on the correct headstone. The Parish Council is now asking, that if you do buy these saddles, please write on the bottom of them (in permanent marker) the name of deceased. Since there are many similar names in the cemetery, please also write date of death. (Ie Martha Smith d. Dec 2, 1910)



To the Graduates: A new road opens before you. This road leads away from home and all that is familiar. It leads into a very big world. There is a world of opportunity awaiting you. But there are dangers and other roads that could lead us away from our goal. Pray daily that God will continue to keep you faithful to the road, the calling, which He wishes you to follow. Only by doing his work and his plan can we be truly fulfilled and happy in this world. Dear graduates, our fondest best wishes go with you, and our prayers, that you will make a good life, good choices, and that you will make our world just a little better place for all. God Bless you.

Request For Proposal (RFP) - Window Replacement at Church Property

The St. Ignatius Parish in St. Alban's, NL seeks "Request For Proposals (RFPs)" to replace fourteen large and seven smaller exterior church windows while maintaining interior stained glass windows on the inside of each exterior window. The large windows are approximately 4.5 feet in width and 10.5 feet in height with curved tops. The smaller windows are approximately 3 feet in height with curved tops. Exact measurements are to be taken and verified in the field by proponents prior to proposal submission.

Prior to preparing a "Request For Proposal", proponents **must** obtain the proposal requirements by visiting the St. Ignatius Pope the title of "missionary apostolic" and for the rest of his life he preached and gave missions. He died at the age of 43, having just begun to form his association of ordained men, the Missionaries of the Company of Mary.

This is a prayer for those who would like to say the Angelus:

Prayer: The Angel of the Lord appeared unto Mary *Response:* And she conceived of the Holy Spirit *Recite the Hail Mary*

Prayer: Behold the handmaid of the Lord Response: Be it done unto me according to your word Recite the Hail Mary Prayer: And the Word was made flesh Response: And dwelt among us Recite the Hail Mary Prayer: Pray for us, O Holy Mother of God Response: That we may be made worthy of the promises of Christ Let us Pray

Pour forth, we beseech you, O Lord, your grace into our hearts, that we to whom the incarnation of your Son was made known through the message of an angel, may, by His passion and cross be brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

World Day of Prayer: will take place on Friday, March 3rd at 7:00 pm at St. Ignatius Church. The theme this year is *"Am I being unfair to you?"*

DO IT ANYWAY People are often unreasonable and self-centered Forgive them anyway If you are kind, people may accuse you of ulterior motives Be kind anyway If you are honest, people may cheat you Be honest anyway If you find happiness, people may be jealous Be happy anyway The good you do today may be forgotten tomorrow, Do good anyway Give the world the best you have, It may never be good enough Give your best anyway For you see, In the end, it's between you and God It was never between you and them anyway Mother Teresa

TAKING ACTION TO PROTECT GOD'S CREATION: Here are some ideas based on those Pope Francis mentions in Laudato Si'(no.211):

- 1. Use fewer paper and plastic product- ex: use re-usable water bottle, etc.
- 2. Reduce water consumption- ex: take shorter showers, wash dishes by hand, etc.
- 3. Don't cook more that you will eat
- 4. Compost (instead of disposing) food waste
- 5. Recycle
- 6. Reuse instead of throwing away.
- 7. Instead of driving, walk, or ride a bike
- 8. Conserve electricity- ex: turn off lights and buy energy-efficient appliances
- 9. Plant trees

Cremation in the Catholic Church: Many people are inquiring about cremation in the Church, and some people are choosing to have their body cremated after death. The first thing all must know is that cremation is permitted in the Catholic Church. Some large cities are finding difficulty in obtaining large pieces of ground for new cemeteries and cremation may be a partial solution to this problem. Also, some people die far from home, and the cost of sending home the body in a casket is very expensive compared to sending an urn with a loved ones ashes. Cremation should take place after the funeral Mass. The ashes of the deceased person should be reverently buried or entombed in a place reserved for the burial of the dead. As in life, the body is the temple of the Holy Spirit, so in death the ashes of the deceased person should not be scattered but should be buried in a holy place where we await the resurrection to new life.





